FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| | es) | | | | | | | | | | | | |
|--|---------------------|--|--|---|---------------|--------------------------------------|---|--|--|-----------|---|--|-------------------------|
| 1. Name and Address of Reporting Person* BAREUTHER JAMES L | | | 2. Issuer Name and Ticker or Trading Symbol MGP INGREDIENTS INC [MGPI] | | | | | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) _X_ Director | | | | | |
| (Last) (First) (Middle) C/O MGP INGREDIENTS, INC., 100 COMMERCIAL STREET, PO BOX 130 | | | 3. Date of Earliest Transaction (Month/Day/Year) 10/10/2018 | | | | - | Office | er (give title belo | ow) | Other (specify b | elow) | |
| (Street) ATCHISON, KS 66002 | | | 4. If Amendment, Date Original Filed(Month/Day/Year) | | | | | 6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person | | | | | |
| (City) | (State) | (Zip) | 1 | Γable I - N | on-Der | rivative S | Securities | Acqui | lired, Disposed of, or Beneficially Owned | | | | |
| 1.Title of Security (Instr. 3) | | 2. Transaction Date (Month/Day/Year) | | if Code (Instr. 8) | (Instr. 8) | | 4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) | | Reported Transaction(s) | | Ownership Form: | Beneficial | |
| | | | (Month/Day/Yea | r) Code | V | Amount | (A) or t (D) | Price | (Instr. 3 a | or (I) | | \ / | Ownership (Instr. 4) |
| Common Stock | | 10/10/2018(1) | | A | | 65 | A \$ | 6.97 | 2,897 | | | D | |
| | | | Derivative Secur | | the fired, Di | form dis | splays a c | curren eficiall | itly valid | OMB con | spond unle trol numbe | | |
| 1. Title of 2. | 3. Transaction Date | ay/Year) 3A. Deemed Execution Day | (e.g., puts, calls, v | 1 | ptions | i, convert | | | | | | | |
| Derivative Security (Instr. 3) Price of Derivative Security | e (Month/Day/ | Year) any | Transaction Code Year) (Instr. 8) | 5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5) | and (Mo | Date Exerc Expiration on the Day/ | cisable on Date | 7. Tit Amo Unde Secur | tle and unt of erlying rities r. 3 and | | 9. Number of Derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4) | Ownersl Form of Derivati Security Direct (I or Indire | Ownersh (Instr. 4) |

Reporting Owners

| | Relationships | | | | |
|---|---------------|--------------|---------|-------|--|
| Reporting Owner Name / Address | Director | 10% Owner | Officer | Other | |
| BAREUTHER JAMES L C/O MGP INGREDIENTS, INC. 100 COMMERCIAL STREET, PO BOX 130 ATCHISON, KS 66002 | X | | | | |

Signatures

| /s/ Lori | Norlen, Attorney-in-Fact for James L. Bareuther | 10/12/2018 |
|----------|---|------------|
| | **Signature of Reporting Person | Date |

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a)
- (1) The transaction reported on this form reflects the award of shares in lieu of cash retainer and meeting fees.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.