FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)															
1. Name and Address of Reporting Person* RINDOM DAVID E					2. Issuer Name and Ticker or Trading Symbol MGP INGREDIENTS INC [MGPI]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner				
(Last) (First) (Middle) C/O MGP INGREDIENTS, INC., 100 COMMERCIAL STREET					3. Date of Earliest Transaction (Month/Day/Year) 01/22/2019								X Officer (give title below) Other (specify below) Vice President				
(Street) ATCHISON, KS 66002				4. If .	4. If Amendment, Date Original Filed(Month/Day/Year)							6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person _Form filed by More than One Reporting Person					
(City	")	(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned													
1.Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)	Execut	Deemed ution Date, if	(Instr. 8)		4. Securities Acquir (A) or Disposed of (Instr. 3, 4 and 5)			Beneficia Reported	nt of Securities ally Owned Following I Transaction(s)		6. Ownership Form:	Beneficial		
				(Mon	th/Day/Y	(ear)		ode	V	Amount	(A) or (D)	Price	(Instr. 3 a	and 4)	Direct (D) Owners: or Indirect (I) (Instr. 4)		Ownership (Instr. 4)
Common	Stock		01/22/2019(1)]	F		4,500	D \$	7.32	18,305			D	
Common	Stock												8,840			I	By Trust
	report on a c	opulate line i	or each class of secu Table II -	Deriva	ative Sec	curit	ies Ac	equire	Pers cont the f	ons wh ained in orm dis	o respon this for plays a c	m are currer eficiall	not requ ntly valid		ormation spond unle rol numbe	ss	1474 (9-02)
1 Title of	l ₂	2 Tuomas atis			outs, call 4.	s, wa	arran 5.	ts, op			ible secur	1	tla and	O Dries of	9. Number of	£ 10	11. Natu
1. Title of Derivative Security (Instr. 3)	Conversion or Exercise Price of Derivative Security	3. Transactic Date (Month/Day.	Year) Execution Day	tre, if Transaction Code Year) (Instr. 8)				6. Date Exercisable and Expiration Date (Month/Day/Year)		Amo Unde Secu	tle and ount of erlying rities r. 3 and	Derivative Security (Instr. 5)		Owners Form of Derivat Security Direct (or Indir	of Indire Beneficia Ownersh (Instr. 4)		
					Code	V	(A)	(D)	Date Exer		Expiration Date	Title	Amount or Number of Shares				

Reporting Owners

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
RINDOM DAVID E C/O MGP INGREDIENTS, INC. 100 COMMERCIAL STREET ATCHISON, KS 66002			Vice President				

Signatures

/s/ Lori Norlen, Attorney-In-Fact for David E. Rindom		01/24/2019		
**Signature of Reporting Person		Date		

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) In connection with a restricted stock unit (RSU) vesting on the transaction date, RSUs were withheld for payment of the resulting tax liability.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.