

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL				
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INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Respon	nses)								
Name and Address of Reporting Person * Jenkins Lynn		2. Date of Event Requiring Statement (Month/Day/Year) 02/08/2019		3. Issuer Name and Ticker or Trading Symbol MGP INGREDIENTS INC [MGPI]					
100 COMMERC	(First) IAL ST.	(Middle)	02/06/2	.019		4. Relationship of Reporting Persor Issuer (Check all applicable) _X_ Director 10% Owne Officer (give title Other (spec		(s) to 5. If Amendment, Date Original Filed(Month/Day/Year)	
	(Street)							Applicable	5. Individual or Joint/Group Filing(Check Applicable Line) X Form filed by One Reporting Person
ATCHISON, KS	ATCHISON, KS 66002				below) below)		Form filed by More than One Reporting Person		
(City)	(State)	(Zip)		Table I - Non-Derivative Securities Beneficially Owned				wned	
1.Title of Security (Instr. 4)				Be	Amount of Seneficially Onnstr. 4)	wned		4. Nature of Indire (Instr. 5)	ect Beneficial Ownership
Reminder: Report on	Persor	ns who respond the form displa	l to the cays a cur	ollection rently val	of informat lid OMB co	ion contained in t		·	
1. Title of Derivative S (Instr. 4)	(Month/Day/Year)		on Date			4. Conversion or Exercise Price of Derivative	5. Ownership Form of Derivative Security: Direct	6. Nature of Indirect Beneficial Ownership (Instr. 5)	
			Expiration Date	Title Amo	unt or Number of	Security	(D) or Indirect (I) (Instr. 5)		

Reporting Owners

Panarting Owner Name /	Relationships				
Reporting Owner Name / Address	Director	10% Owner	Officer	Other	
Jenkins Lynn 100 COMMERCIAL ST. ATCHISON, KS 66002	X				

Signatures

Thomas Lynn as attorney in fact for Lynn Jenkins	02/08/2019
**Signature of Reporting Person	Date

Explanation of Responses:

No securities are beneficially owned

- * If the form is filed by more than one reporting person, see Instruction 5(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Remarks:

No securities are beneficially owned

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, See Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

POWER OF ATTORNEY

Know all by these presents, that the undersigned hereby constitutes and appoints each of Lori Norlen, Thomas Lynn, and Thomas Pigott, or any of them signing singly, and with full power of substitution, the undersigned's true and lawful attorney-in-fact to:

- (1) prepare, execute in the undersigned's name and on the undersigned's behalf, and submit to the U.S. Securities and Exchange Commission (the "SEC") a Form ID, including amendments thereto, and any other documents necessary or appropriate to obtain codes and passwords enabling the undersigned to make electronic filings with the SEC of reports required by Section 16(a) of the Securities Exchange Act of 1934 or any rule or regulation of the SEC;
- (2) execute for and on behalf of the undersigned, in the undersigned's capacity as an officer and/or director of MGP Ingredients, Inc. (the "Company"), Forms 3, 4, and 5 in accordance with Section 16(a) of the Securities Exchange Act of 1934 and the rules thereunder;
- (3) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such Form 3, 4, or 5, complete and execute any amendment or amendments thereto, and timely file such form with the SEC and any stock exchange or similar authority; and
- (4) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of benefit to, in the best interest of, or legally required by, the undersigned, it being understood that the documents executed by such attorney-in-fact on behalf of the undersigned pursuant to this Power of Attorney shall be in such form and shall contain such terms and conditions as such attorney-in-fact may approve in such attorney-in-fact's discretion.

The undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever requisite, necessary, or proper to be done in the exercise of any of the rights and powers herein granted, as fully to all intents and purposes as the undersigned might or could do if personally present, with full power of substitution or revocation, hereby ratifying and confirming all that such attorney-in-fact, or such attorney-in-fact's substitute or substitutes, shall lawfully do or cause to be done by virtue of this power of attorney and the rights and powers herein granted. The undersigned acknowledges that the foregoing attorneys-in-fact, in serving in such capacity at the request of the undersigned, are not assuming, nor is the Company assuming, any of the undersigned's responsibilities to comply with Section 16 of the Securities Exchange Act of 1934.

This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4, and 5 with respect to the undersigned's holdings of and transactions in securities issued by the Company, unless earlier revoked by the undersigned in a signed writing delivered to the foregoing attorneys-in-fact.

IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of this 31st day of January, 2019.

/s/ Lynn Jenkins	
	Signature
	Print Name