FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)													
1. Name and Address of Reporting Person *- RINDOM DAVID E			2. Issuer Name and Ticker or Trading Symbol MGP INGREDIENTS INC [MGPI]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable)						
(Last) (First) (Middle) C/O MGP INGREDIENTS, INC., 100 COMMERCIAL STREET				3. Date of Earliest Transaction (Month/Day/Year) 02/25/2019						X Officer (give title below) Other (specify below) Vice President					
(Street) ATCHISON, KS 66002				4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting PersonForm filed by More than One Reporting Person					
(City		(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned											
1.Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)		tion Date, if		(Instr. 8)		4. Securities Acquire (A) or Disposed of ((Instr. 3, 4 and 5)		Beneficial Reported	nt of Securities ally Owned Following I Transaction(s)		6. Ownership Form:	Beneficial
				(Month/Day/	Year)	Code	V	Amoun	(A) or t (D)	Price	(Instr. 3 a	o		Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)
Common	n Stock		02/25/2019(1)			A		3,966	A	\$ 0	32,076		D		
Common Stock										8,840			I	By Trust	
				Derivative Sec		-	the f	ained ir orm dis sposed o	n this for splays a o	m are curre	e not requently valid		ormation spond unle rol numbe	ss	1474 (9-02)
1. Title of Derivative Security	2. Conversion or Exercise	3. Transactio		e.g., puts, call		5.		convert ate Exerc		T	itle and	8. Price of			

Reporting Owners

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
RINDOM DAVID E C/O MGP INGREDIENTS, INC. 100 COMMERCIAL STREET ATCHISON, KS 66002			Vice President				

Signatures

/s/ Lori Norlen, Attorney-In-Fact for David E. Rindom	02/27/2019
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Restricted stock unit award which will vest on February 24, 2022

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.