## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
Estimated average burden
hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)																		
1. Name and Address of Reporting Person* DYKSTRA DAVID E				2. Issuer Name and Ticker or Trading Symbol MGP INGREDIENTS INC [MGPI]							1	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director 10% Owner								
(Last) (First) (Middle) C/O MGP INGREDIENTS, INC., 100 COMMERCIAL STREET				3. Date of Earliest Transaction (Month/Day/Year) 02/25/2019							X	X Officer (give title below) Other (specify below) Vice President								
(Street) ATCHISON, KS 66002				4. If Amendment, Date Original Filed(Month/Day/Year)							_X_ Fo	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting PersonForm filed by More than One Reporting Person								
(City	")	(State)	(Z	Zip)			Tal	ble I -	Non	-Deri	vative S	Securities	s Acq	uired, I	Dispo	osed of, or E	Beneficially	Owned		
(Instr. 3) Date			Date	ransaction e onth/Day/Year)	2A. Deem Execution any (Month/Da	ition Date		Code (Instr. 8)		ction	4. Securities Acqu (A) or Disposed of (Instr. 3, 4 and 5)		of (D	f (D) Beneficia		unt of Securities cially Owned Following d Transaction(s)		6. Ownership Form: Direct (D)	of Be	7. Nature of Indirect Beneficial Ownership
					(IVIOIII	ui/Day/ 1	cary		ode	V	Amoun	(A) or (D)	Price		. <i>5</i> a	iid +)		or Indirec (I) (Instr. 4)		str. 4)
Common	Common Stock 02/2:			2019 <sup>(1)</sup>				A			2,472	A	\$ 0	34,396				D		
			1	Γable II - D		tive Secu			quire	conta the fo	ained in orm dis sposed o	n this fo plays a of, or Ber	rm a curr	re not ently v	equ alid	ction of inf uired to res OMB cont	pond unle	ss	C 147	74 (9-02)
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		Year) Execution any	. Deemed ecution Date	e, if	4. Γransactio Code	on N	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. 'An Un Sec	7. Title and Amount of Underlying Securities (Instr. 3 and		Derivative Security	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	Owner Form of Deriva Securi Direct or Indi	of tive ty: (D) rect	Beneficia Ownershi (Instr. 4)
					Code	Code	V	(A)	(D)	Date Exerc	cisable	Expiratio Date	n Tit	or Nun of	Number					

#### **Reporting Owners**

	Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
DYKSTRA DAVID E C/O MGP INGREDIENTS, INC. 100 COMMERCIAL STREET ATCHISON, KS 66002			Vice President					

#### **Signatures**

/s/ Lori Norlen as attorney-in-fact for David Dykstra	02/27/2019		
**Signature of Reporting Person	Date		

### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Restricted stock unit award which will vest on February 24, 2022

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.