FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Responses	5)		1										
Name and Address of Reporting Person * Jenkins Lynn				2. Issuer Name and Ticker or Trading Symbol MGP INGREDIENTS INC [MGPI]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner				
(Last) (First) (Middle) 100 COMMERCIAL ST.			3. Date of Earliest Transaction (Month/Day/Year) 04/08/2019					Office	r (give title belo	ow)	Other (specify b	elow)		
(Street) ATCHISON, KS 66002				4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City) (State) (Zip)				Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned										
1.Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any	(Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned Following Reported Transaction(s)		6. Ownership Form:	Beneficial		
			(Month/Day/Year)	Code	V	Amoun	(A) or t (D)	Price	(Instr. 3 a	nd 4)			direct (Instr. 4)	
Common	Stock		04/08/2019(1)		A		161	1 /	\$ 78.73	161			D	
				Derivative Securit		the f	tained in form dis	n this fo splays a of, or Ber	rm are curre neficial	not requesting ntly valid		spond unle trol numbe	ss	1474 (9-02)
1 7711 6		2 F		(e.g., puts, calls, w						*.1 1	0 D: C	0.37.1	6 10	11.37.
Security		3. Transactio Date (Month/Day/	Execution Day/Year)	Year) 4. Transaction Number of Derivat Securiti Acquire (A) or Dispose of (D) (Instr. 3) 4, and 5				Ame Und Seco	nount of derlying curities str. 3 and	8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	Ownersh Form of Derivati Security Direct (I or Indire	Ownershi (Instr. 4)	
				Code V	(A) (D)	Date	_	Expiratio Date	n Title	Amount or Number of Shares				

Reporting Owners

D 41 0 N 4	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
Jenkins Lynn 100 COMMERCIAL ST. ATCHISON, KS 66002	X						

Signatures

Thomas Lynn as attorney in fact for Lynn Jenkins	04/10/2019
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Represents award of unrestricted shares in lieu of cash retainer and meeting fees.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.