UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person * BAREUTHER JAMES L			2. Issuer Name and Ticker or Trading Symbol MGP INGREDIENTS INC [MGPI]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) _X_ Director 10% Owner					
(Last) (First) (Middle) C/O MGP INGREDIENTS, INC., 100 COMMERCIAL STREET, PO BOX 130			3. Date of Earliest Transaction (Month/Day/Year) 01/09/2020						Office	r (give title belo	ow)	Other (specify be	elow)	
(Street)		4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) Form filed by One Reporting Person Form filed by More than One Reporting Person				le Line)			
ATCHISON, KS 66002 (City) (State) (Zip)			Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned											
1.Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any	3. Transactio Code (Instr. 8)				quired of (D)	5. Amount of Securities			6. Ownership Form:	Beneficial
				(Month/Day/Year)	Code	V	(Instr. 3 and 4) (A) or Amount (D) Price		and 4)			Ownership (Instr. 4)		
Common	Stock		01/09/2020(1)		A		98	A	\$ 47.38	4,366			D	
Reminder:	Report on a s	separate line for	each class of secu	rities beneficially or	wned direc	Pers	ons wh	o respo			ction of inf			474 (9-02)
Reminder:	Report on a s	separate line for	Table II -	Derivative Securit	ies Acquir	Pers cont the f	ons wh tained ir form dis	o responding this for this for this for the officers of the of	orm are curren	not requ ntly valid	uired to res	formation spond unle trol numbe	ss	474 (9-02)
1. Title of	·	3. Transaction Date (Month/Day/Y	Table II - 3A. Deemed Execution Date any	Derivative Securit (e.g., puts, calls, wate, if Transaction Code Year) (Instr. 8)	ies Acquir arrants, op 5.	Persont the feet, Dictions. 6. Dand (Mo	ons wh tained ir form dis	o responding this for this for Be tible second cisable on Date	neficiall urities) 7. Ti Amo	not requ ntly valid	OMB conf	spond unle	of 10. Ownersh Form of Derivativ Security: Direct (I or Indire	11. Nature of Indire Beneficia Ownersh (Instr. 4)

	Relationships				
Reporting Owner Name / Address	Director	10% Owner	Officer	Other	
BAREUTHER JAMES L C/O MGP INGREDIENTS, INC. 100 COMMERCIAL STREET, PO BOX 130 ATCHISON, KS 66002	X				

Signatures

/s/ Thomas Lynn, Attorney-in-Fact for James L. Bareuther	01/13/2020	
**Signature of Reporting Person	Date	

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a)
- (1) The transaction reported on this form reflects the award of shares in lieu of cash retainer and meeting fees.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.