UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

es)														
1. Name and Address of Reporting Person * DYKSTRA DAVID E				2. Issuer Name and Ticker or Trading Symbol MGP INGREDIENTS INC [MGPI]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner				
	(Middle) 100	3. Date of Earlie: 02/12/2020	est Transaction (Month/Day/Year)						X Officer (give title below) Other (specify below) Vice President)
(Street) ATCHISON, KS 66002				4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting PersonForm filed by More than One Reporting Person				
(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned												
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02	2/12/2020(1)			A	88	34	A	\$ 0	30,280)		D		
				cquire	the forn ed, Dispo	n dis	plays a c f, or Bene	urren ficiall	itly valid	OMB con				
	3A. Deemed Execution Date any	4. Transaction Code	5. Num of Deri Secu Acqu (A) o	aber vative varities uired or oosed o) r. 3,	6. Date I and Exp	Exerc iratio	isable n Date	7. Tit Amo Unde Secur	ount of erlying rities		Derivative Securities Beneficially Owned Following Reported	Owne Form Deriv Secur Direct or Ind	of ative ty: (D) irect	11. Natur of Indirec Beneficia Ownershi (Instr. 4)
	D E (First) DIENTS, INC., TREET (Street) 6002 (State) 2. Da (M) 02 separate line for ea	f Reporting Person DE (First) DIENTS, INC., 100 TREET (Street) (State) (Zip) 2. Transaction Date (Month/Day/Year) 02/12/2020(1) separate line for each class of secur Table II - 1 3. Transaction Date (Month/Day/Year) 3A. Deemed Execution Date (Month/Day/Year)	f Reporting Person* D E (First) (Middle) DIENTS, INC., 100 TREET (Street) 2. Transaction Date (Month/Day/Year) (Month/Day/Year) 2. Transaction Date (Month/Day/Year) Table II - Derivative Securities, puts, calls, we have a contact of the co	1. Issuer Name and To MGP INGREDIEN (First) (Middle) (Mi	1. Issuer Name and Ticker of MGP INGREDIENTS INC OCCUPATION INCOME. Table II - Derivative Securities Acquired (e.g., puts, calls, warrants, op MGP INGREDIENTS INC OCCUPATION INCOME. Table II - Derivative Securities Acquired (A) or Disposed of (D)	1. Issuer Name and Ticker or Trading MGP INGREDIENTS INC [MINGREDIENTS INC [MINGREDIENTS]] (First) (Middle) (M	f Reporting Person— DE Carry Carry	2. Issuer Name and Ticker or Trading Symbol MGP INGREDIENTS INC [MGPI] (First) (Middle) DIENTS, INC., 100 TREET (Street) 4. If Amendment, Date Original Filed(Month/Day/Year) (State) (Zip) Table I - Non-Derivative Securities Acquired (Month/Day/Year) 2. Transaction Date (Month/Day/Year) (Month/Day/Year) 2. Transaction Date (Month/Day/Year) (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 3. Transaction Date (Month/Day/Year) 4. Securities Acquired, Disposed of, or Bene (Month/Day/Year) 4. Derivative Securities Acquired, Disposed of, or Bene (Month/Day/Year) 4. Derivative Securities Acquired (Month/Day/Year) 4. Derivative Securities Acquired (Month/Day/Year) 4. Derivative Securities Acquired (Month/Day/Year)	Code V Amount Code V Amount Code V Amount Code Contained in this form are the form displays a currer	2. Issuer Name and Ticker or Trading Symbol MGP INGREDIENTS INC [MGPI] (First) (Middle) O1ENTS, INC., 100 TREET (Street) 4. If Amendment, Date Original Filed(Month/Day/Year) O2/12/2020 (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of (D) (Instr. 8) (Instr. 3, 4 and 5) (Month/Day/Year) A 884 A \$ 0 30,280 separate line for each class of securities beneficially owned directly or indirectly. Table II - Derivative Securities Acquired, Disposed of (D) (Instr. 8) (Instr. 3) Table II - Derivative Securities Acquired, Disposed of (D) (Instr. 8) (Instr. 8) Table II - Derivative Securities Acquired, Disposed of (D) (Instr. 8) (Instr. 8) Table II - Derivative Securities Acquired, Disposed of (D) (Instr. 8) Table II - Derivative Securities Acquired, Disposed of (D) (Instr. 8) Table II - Derivative Securities Acquired, Disposed of (D) (Instr. 8) Table II - Derivative Securities Acquired, Disposed of (D) (Instr. 8) Table II - Derivative Securities Acquired, Disposed of (D) (Instr. 8) Table II - Derivative Securities Acquired, Disposed of (D) (Instr. 8) Table II - Derivative Securities Acquired, Disposed of (D) (Instr. 8) Table II - Derivative Securities Acquired, Disposed of (D) (Instr. 8) Table II - Derivative Securities Acquired, Disposed of (D) (Instr. 8) Table II - Derivative Securities Acquired, Disposed of (D) (Instr. 8) Table II - Derivative Securities Acquired, Disposed of (D) (Instr. 8) Table II - Derivative Securities Acquired, Disposed of (D) (Instr. 8) Table II - Derivative Securities Acquired, Disposed of (D) (Instr. 8) Table II - Derivative Securities Acquired, Disposed of (D) (Instr. 8) Table II - Derivative Securities Acquired, Disposed of (D) (Instr. 8)	2. 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If Amendment, Date Original Filed(Month/Day/Year) 6002 (State) 2. Transaction Date (Month/Day/Year) 2. Transaction Date (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) 2. Transaction Date (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) 3. Transaction Date (Execution Date, if Code (Instr. 8) (Month/Day/Year) (Month/Day/Year) 3. Transaction Date (Repartite beneficially owned directly or indirectly. (Month/Day/Year) 3. Transaction Date (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) 3. Transaction Date (Repartite beneficially owned directly or indirectly. Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number. Table II - Derivative Securities Acquired (A) or Disposed of, or Beneficially Owned (Instr. 3) Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number. Table II - Derivative Securities Acquired (A) or Disposed of, or Beneficially Owned (Instr. 3) Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number. Table II - Derivative Securities Acquired (A) or Disposed of, or Beneficially Owned (Instr. 3) Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number. Table II - Derivative Securities Acquired (A) or Disposed of, or Beneficially Owned (Instr. 3) Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number. Table II - Derivative Securities Acquired (A)	Sustein Person

Reporting Owners

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
DYKSTRA DAVID E C/O MGP INGREDIENTS, INC. 100 COMMERCIAL STREET ATCHISON, KS 66002			Vice President			

Signatures

/s/ Thomas Lynn as attorney-in-fact for David Dykstra	03/04/2020
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Restricted stock unit award which will vest on February 12, 2023

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.