FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)														
1. Name and Address of Reporting Person * COLO DAVID				2. Issuer Name and Ticker or Trading Symbol MGP INGREDIENTS INC [MGPI]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner					
(Last) (First) (Middle) C/O MGP INGREDIENTS, INC., 100 COMMERCIAL STREET, P.O. BOX 130				3. Date of Earliest Transaction (Month/Day/Year) 03/05/2020						Office	r (give title belo	ow)	Other (specify b	elow)		
ATCHIS	ON, KS 6	(Street)		4. If Ar	nendme	nt, Da	te Orig	ginal F	iled(Mont	h/Day/Year)		_X_ Form fil	ed by One Repo	Group Filing orting Person One Reporting		le Line)
(City	(City) (State) (Zip)				Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned											
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, any (Month/Day/Yea		, if C	(Instr. 8)		4. Securities Acquir (A) or Disposed of ((Instr. 3, 4 and 5)		of (D)	Beneficia	nt of Securities ally Owned Following I Transaction(s)		Ownership Form:	7. Nature of Indirect Beneficial Ownership	
				(Month/	Day/16		Code	V	Amoun	(A) or (D)	Price	(mstr. 3 a	or II (I)		or Indirect	(Instr. 4)
Common	Stock		03/05/2020(1)				A		579	1 1	\$ 29.65	14,818			D	
			Table II -				-	the red, D	tained i form di	n this fo splays a of, or Ber	rm are curre	not requesting ntly valid		ormation spond unle trol numbe	ss	1474 (9-02)
Security (Instr. 3)		*****	3A. Deemed Execution Da any	4. Transaction Code Year) (Instr. 8)		5. Nu of De Sec Acc (A) Dis of (In	5. 6 Number a		ons, convertible securion Date Exercisable and Expiration Date Month/Day/Year)		7. Ta	itle and ount of lerlying urities tr. 3 and	Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	Ownersh Form of Derivating Security Direct (I or Indire	Beneficia Ownershi (Instr. 4)
				Code	Code V	V (A	a) (D)		e rcisable	Expiratio Date	on Title	Amount or Number of Shares				

Reporting Owners

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
COLO DAVID C/O MGP INGREDIENTS, INC. 100 COMMERCIAL STREET, P.O. BOX 130 ATCHISON, KS 66002	X					

Signatures

/s/ Thomas Lynn, Attorney in Fact for David J. Colo	03/10/2020
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a)
- (1) The transaction reported on this form reflects the award of shares in lieu of cash retainer and meeting fees.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.