## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
Estimated average burden
hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)															
Name and Address of Reporting Person *  Jenkins Lynn					2. Issuer Name and Ticker or Trading Symbol MGP INGREDIENTS INC [MGPI]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  X Director 10% Owner				
(Last) (First) (Middle) 100 COMMERCIAL ST.				3. Date of Earliest Transaction (Month/Day/Year) 07/02/2020								Office	r (give title belo	ow)	Other (specify	pelow)	
(Street)				4. If	4. If Amendment, Date Original Filed(Month/Day/Year)							6. Individual or Joint/Group Filing(Check Applicable Line)  _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person					
ATCHIS	ON, KS 6	5002															
(City) (State) (Zip)					Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned												
1.Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Yea	Exec r) any	2A. Deemed Execution Date, if any (Month/Day/Year)		(Instr. 8)		etion	on 4. Securities Acquired (A) or Disposed of (D (Instr. 3, 4 and 5)		of (D)	Beneficially Owned Following Reported Transaction(s)		Following	Form:	7. Nature of Indirect Beneficial
				(Mon				ode	V	Amour	(A) or (D)	Price	(Instr. 3 a	s and 4)		Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)
Common	Stock		07/02/2020					4	•	2,327	Λ 5		4,931			D	
			Table II					quire	the f	form di	splays a of, or Ben	curre eficial		OMB conf	spond unle trol numbe		
1 77'41 . C	l <sub>a</sub>	2 75 4	24 D					ts, op			tible secu		*.1 1	0 D : C	0.31 1	of 10.	11.37.
Derivative Conversion		3. Transactio Date (Month/Day/	Year) Execution any	Execution Date, if		Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		Amo Und Secu	itle and ount of lerlying urities tr. 3 and		9. Number of Derivative Securities Beneficially Owned Following Reported Transaction ((Instr. 4)	Ownershi Form of Derivative Security: Direct (D) or Indirec	Beneficia Ownershi (Instr. 4)  D) ect
					Code	V	(A)	(D)	Date Exer	e rcisable	Expiration Date	n Title	Amount or Number of Shares				

#### **Reporting Owners**

B 41 0 N /	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
Jenkins Lynn 100 COMMERCIAL ST. ATCHISON, KS 66002	X						

### **Signatures**

/s/ Thomas Lynn as attorney in fact for Lynn Jenkins	07/08/2020
Signature of Reporting Person	Date

#### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.