FORM 4	4
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Check this box if no
longer subject to
Section 16. Form 4 or
Form 5 obligations
may continue. See
Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)		T								
1. Name and Address of Reporting I Mingus Lori L.S.	2. Issuer Name and MGP INGRED			U .		5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner				
(Last) (First) C/O MGP INGREDIENTS, I COMMERCIAL ST.	3. Date of Earliest Transaction (Month/Day/Year) 07/02/2020						Officer (give title below)	Other (specify	pelow)	
(Street) ATCHISON, KS 66002	4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City) (State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Execution Date, if	Code (Instr. 8)	v	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) (A) or Amount (D) Price		1 of (D) 5)) Beneficially Owned Following Reported Transaction(s) Form: (Instr. 3 and 4) Direct (I or Indire (I)		7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	07/02/2020		А		1,962 (<u>1)</u>	А	\$ 35.67	1,962	D	
Common Stock								963	Ι	By husband

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

SEC 1474 (9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(e.g., puts, calls, warrants, options, convertible securities)															
1. Title of	2.	3. Transaction	3A. Deemed	4.	5			6. Date Exer	cisable	7. Tit	le and	8. Price of	9. Number of	10.	11. Nature
Derivative	Conversion	Date	Execution Date, if	Transactio	n N	Jumbo	Jumber and Expiration Date A		Amount of		Derivative	Derivative	Ownership	of Indirect	
Security	or Exercise	(Month/Day/Year)	any	Code	0	f		(Month/Day	/Year)	Underlying		Security	Securities	Form of	Beneficial
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	D	Deriva	tive	· · · · · · · · · · · · · · · · · · ·		Securities		(Instr. 5)	Beneficially	Derivative	Ownership
	Derivative				S	lecuri	ties	; [((Instr. 3 and			Owned	Security:	(Instr. 4)
	Security				A	Acquir	red	ed 4		4)			0	Direct (D)	
					· ·	(A) or						1	or Indirect		
						Disposed							Transaction(s)	· /	
						f(D)						(Instr. 4)	(Instr. 4)		
					· ·	Instr.									
					4	, and	5)								
											Amount				
								Date	Expiration		or				
								Exercisable		Title	Number				
								Excicisable	Duit		of				
				Code V	/ ((A)	(D)				Shares				

Reporting Owners

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
Mingus Lori L.S. C/O MGP INGREDIENTS, INC. 100 COMMERCIAL ST. ATCHISON, KS 66002	Х						

Signatures

/s/ Thomas Lynn, Attorney in Fact for Lori L.S. Mingus	07/08/2020
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Represents annual award of unrestricted shares.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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