FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type	e Response	s)		1													
Name and Mingus Lo		Reporting Pe	rson *	2. Issuer Name a MGP INGREI							5. Relation		oorting Pers				
(Last) C/O MGP COMMER		(First) DIENTS, IN Γ.	(Middle) [C., 100	3. Date of Earliest 06/21/2021	Transa	action	n (Mo	onth/Day	Year)			r (give title belo	ow)	Other (spe		w)	
		(Street)		4. If Amendment,	Date C	Origin	nal Fi	led(Month/	Day/Year))	_X_ Form fil	ual or Joint/O	orting Person		plicable l	Line)	
ATCHISC	ON, KS 60	5002									Form file	ed by More than	One Reportin	g Person			
(City)		(State)	(Zip)	Ta	able I -	Non	-Der	ivative S	ecuritie	s Acqui	ired, Dispo	osed of, or I	Beneficially	Owned			
1.Title of Sec (Instr. 3)	curity		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	(Instr		tion	4. Securi (A) or D (Instr. 3,	isposed	of (D)	Beneficia	t of Securiti Ily Owned F Transaction nd 4)	ollowing	6. Owners Form: Direct (or Indir (I)	hip of Be D) Ov	Nature Indirect eneficial vnership estr. 4)	
					Coo	de	V	Amount	(D)	Price				(Instr. 4)		
Common	Stock		06/21/2021		A			1,130 (1)	A	\$ 61.92	3,092			D			
Common S	Stock										18,599			I		by GST Trust #2	
Common S	Stock										96			I	By hu	y isband	
Common Stock										406,464			I	By Seaberg MGP Holding			
Common Stock										55,935			I	В	y trust		
Common S	Stock										63,333			I	-	GST rust	
Reminder: R	Leport on a s	separate line fo	or each class of secu	rities beneficially ov	wned d		-		,						TEC 14	74 (0.02)	
							cont	ained in	this fo	orm are	not requ	ction of inf uired to res OMB cont	spond unl	ess	SEC 14	74 (9-02)	
				Derivative Securit							ly Owned						
Security (Instr. 3)	2. 3. Transactio Conversion or Exercise Price of Derivative Security		n 3A. Deemed Execution Da any	4. Transaction Code Year) (Instr. 8)	5. 6. l Number and		6. D	Pate Exercisable Expiration Date onth/Day/Year)		7. Ti Amo Und Secu	itle and bunt of erlying irities r. 3 and	Derivative Security	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	Ow For Der Sec Dir or I	m of	11. Nature of Indirec Beneficial Ownershi (Instr. 4)	
				Code V	(A)		Date Exer		Expiration Date	On Title	Amount or Number of Shares						

Reporting Owners

		Relationsl	nips	
Reporting Owner Name / Address	Director	10% Owner	Officer	Other

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Signatures

/s/ Allison Hardy, Attorney in Fact for Lori L.S. Mingus	06/21/2021
**Signature of Reporting Person	Date
]

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The transaction reported on this form reflects annual award of unrestricted shares.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.