FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPE	ROVAL
DMB Number:	3235-0287
Estimated averag	e burden
ours per respons	se 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)															
1. Name and Address of Reporting Person* Jenkins Lynn					2. Issuer Name and Ticker or Trading Symbol MGP INGREDIENTS INC [MGPI]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner				
(Last) (First) (Middle) 100 COMMERCIAL ST.					3. Date of Earliest Transaction (Month/Day/Year) 07/01/2021								Office	r (give title belo	ow)	Other (specify	pelow)
(Street)				4. Ii	4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person						
ATCHIS	ON, KS 6	5002															
(City)	(State)	(Zip)			Ta	ble I	- Nor	ı-Der	ivative	Securities	Acqui	ired, Disp	osed of, or I	Beneficially	Owned	
1.Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Ye	Executar)	2A. Deemed Execution Date, if any	(Instr. 8)		(A) or Disposed of (Instr. 3, 4 and 5)			Beneficia Reported	nt of Securities ally Owned Following Transaction(s)		Form:	7. Nature of Indirect Beneficial		
				(Mo	(Month/Day/Year		Code		V	Amour	(A) or or (D)	Price			Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)	
Common	Stock		07/01/2021					4		155 (1) _A \$		5,739			D	
			Table I					quire	the f	orm di	splays a o	curre:	ntly valid	OMB conf	spond unle trol numbe		
1 77'41 . C	l _a	2.77:	24.5		1 -			ts, op			tible secur		·.1 1	0 D : C	0.31 1	C 10	11.37.
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Ye	Year) Execution any	Date, if	te, if Transaction Code ('ear) (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		Amo Und Secu	itle and ount of erlying urities tr. 3 and		9. Number Derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Owners Form o Derivat Securit Direct (or India	Beneficia Ownershi (Instr. 4) D) ect	
					Code	V	(A)	(D)	Date Exer	e rcisable	Expiration Date	¹ Title	Amount or Number of Shares				

Reporting Owners

D (1 0 N /	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
Jenkins Lynn 100 COMMERCIAL ST. ATCHISON, KS 66002	X						

Signatures

/s/ Allison Hardy, as attorney in fact for Lynn Jenkins	07/02/2021
-*Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The transaction reported on this form reflects the award of shares in lieu of cash retainer.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.