# FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

(Print or Type Responses)

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person * Seaberg Karen				2. Issuer Name and Ticker or Trading Symbol MGP INGREDIENTS INC [MGPI]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) _X_ Director _X_ 10% Owner				
(Last) (First) (Middle) 20073 266TH ROAD				3. Date of Earlie 08/10/2021	3. Date of Earliest Transaction (Month/Day/Year)								Other (specify	below)
(Street)				4. If Amendmen	4. If Amendment, Date Original Filed(Month/Day/Year)  6. Individ  X_Form fi							Group Filing orting Person one Reporting		able Line)
	ON, KS 66								-	FOIII III	ed by More man	One Reporting	reison	
(City	)	(State)	(Zip)	7	Table I - No	n-D	erivative	Securi	ities Acquir	red, Disp	osed of, or I	Beneficially	Owned	
1.Title of S (Instr. 3)	ecurity		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Code (Instr. 8)		4. Securi or Dispo (Instr. 3,	sed of	(D)	) 5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)		Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common	Stock		08/10/2021		S	<u> </u>	221	D	\$ 67.4801	66,522			I	by GST trust for MH
Common	Stock		08/10/2021		S <sup>(1)</sup>		448	D	\$ 66.9507	406,01	6		I	By Seaberg MGP Holdings
Common	Stock		08/10/2021		S <sup>(1)</sup>		2,552	D	\$ 66.9507	2,337,8	305		I	by Cray MGP Holdings LP
Common	Stock									99,066			I	by IRA
Common	Stock									63,333			Ι	by GST trust for LM
Common	Stock									2,687			D	
Common	Stock									191,98	5		I	by trust
Common	Stock									59,188			I	Cloud Cray Family Trust
D 1 1	D		for each class of sec		1 1:	41								
Kemmder.	Report on a s	separate inie		- Derivative Securi		Per cor the	rsons wi ntained i form di	no res in this splay	form are s a curren	not requ tly valid	ction of inf iired to res OMB conf	spond unle	ess	C 1474 (9-02)
1 Tide of	2	2 T		(e.g., puts, calls, v		otion	ıs, conver	tible s	securities)		Q Deilos - C	0 N1	of 10	11 N-4
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		Execution I any		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	an (M	Date Exer d Expirati Ionth/Day	on Dat	te Amor Unde Secur	ele and unt of erlying rities : 3 and		9. Number Derivative Securities Beneficiall Owned Following Reported Transaction (Instr. 4)	Owner Form of Derivat Securit Direct or India	Beneficia Ownershi y: (Instr. 4)

	Code	V	(A)		Date Exercisable	Expiration Date	Title	Amount or Number of Shares					
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### **Reporting Owners**

D ( O N (	Relationships						
Reporting Owner Name / Address	Director	Director 10% Owner		Other			
Seaberg Karen 20073 266TH ROAD ATCHISON, KS 66002	X	X					

## **Signatures**

/s/ Allison Hardy, Attorney in Fact for Karen Seaberg	08/11/2021
**Signature of Reporting Person	Date

### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The transaction reported on this Form 4 was effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on March 16, 2021.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.