FORM	4
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### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Respondent of the Respondent of the Respondent of the Respondent of the Respondence of the Re		Dorson *	2. Issuer Name	and Tiaka	r or 7	Trading St	rmhol		5. Relationship of Reporting Pers	on(s) to Issue	er		
Seaberg Karen	MGP INGRE			0,		(Check all applicable) _X_DirectorX_10% Owner							
(Last) 20073 266TH RC	(First)	(Middle)	3. Date of Earlies 10/11/2021	st Transact	ion (I	Month/Da	y/Year	;)	Officer (give title below) Other (specify below)				
ATCHISON, KS	(Street) 66002		4. If Amendment	, Date Oriș	ginal	Filed(Mont	th/Day/Y	'ear)	6. Individual or Joint/Group Filin, X_Form filed by One Reporting Person Form filed by More than One Reporting		ble Line)		
(City)     (State)     (Zip)       Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Ow							Owned						
1.Title of Security (Instr. 3)		Date (Month/Day/Year)		3. Transac Code (Instr. 8)	ction	4. Securi or Dispo (Instr. 3,	sed of	(D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form:	Beneficial		
			(Month/Day/Year)	Code	v	Amount	(A) or (D)	Price	(Instr. 3 and 4)	Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)		
Common Stock		10/11/2021		S <u>(1)</u>		1,452	D	\$ 68.8774	190,864	Ι	by trust		
Common Stock		10/11/2021		S <sup>(1)</sup>		1,548	D	\$ 68.8774	2,330,791	I	by Cray MGP Holdings LP		
Common Stock									96,695	Ι	by IRA		
Common Stock									63,147	I	by GST trust for LM		
Common Stock									406,016	I	By Seaberg MGP Holdings		
Common Stock									66,522	Ι	by GST trust for MH		
Common Stock									440	D			
Common Stock									59,188	I	Cloud Cray Family Trust		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

SEC 1474 (9-02)

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#### Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

			(e.g., ]	puts, calls, w	arrants, op	tions, convertible securi	ities)				
1. Title of	2.	3. Transaction	3A. Deemed	4.	5.	6. Date Exercisable	7. Title and	8. Price of	9. Number of	10.	11. Nature
Derivative	Conversion	Date	Execution Date, if	Transaction	Number	and Expiration Date	Amount of	Derivative	Derivative	Ownership	of Indirect
Security	or Exercise	(Month/Day/Year)	any	Code	of	(Month/Day/Year)	Underlying	Security	Securities	Form of	Beneficial
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative		Securities	(Instr. 5)	Beneficially	Derivative	Ownership
	Derivative				Securities		(Instr. 3 and			Security:	(Instr. 4)
	Security				Acquired		4)		Following	Direct (D)	
					(A) or				Reported	or Indirect	
					Disposed				Transaction(s)	(I)	
					of (D)				(Instr. 4)	(Instr. 4)	
					(Instr. 3,					1	
					4, and 5)					1	
						•					
										1	
										1	
										1	

Code V (A) (D)				Code	V	(A)		Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
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## **Reporting Owners**

		Relations	nips	
Reporting Owner Name / Address	Director	10% Owner	Officer	Other
Seaberg Karen 20073 266TH ROAD ATCHISON, KS 66002	Х	Х		

# Signatures

 /s/ Allison Hardy, Attorney in Fact for Karen Seaberg
 10/12/2021

 Signature of Reporting Person
 Date

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The transaction reported on this Form 4 was effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on March 16, 2021.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.