FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

(Print or Type Responses)

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person Seaberg Karen					2. Issuer Name and Ticker or Trading Symbol MGP INGREDIENTS INC [MGPI]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X_ Director X_ 10% Owner					
(Last) (First) (Middle) 20073 266TH ROAD				J. 1	3. Date of Earliest Transaction (Month/Day/Year) 10/12/2021							er (give title belo		Other (specify	below)	
ATCHIS	ON, KS 66	(Street)		4. I	f Amendment	, Date Orig	inal	Filed(Mont	h/Day/Y	(ear)	_X_ Form fil	ual or Joint/O led by One Repo led by More than	orting Person		able Line)	
(City		(State)	(Zip)		Table I - Non-Derivative Securities Acquired, D							sposed of, or Beneficially Owned				
1.Title of S (Instr. 3)	ecurity		2. Transaction Date (Month/Day/	Exect Year) any	Deemed ution Date, if th/Day/Year)	Code (Instr. 8)	tion V	4. Securi or Dispo (Instr. 3,	sed of	(D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)		Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common	Stock		10/12/2021	(1)		S	•	740	D	\$ 67.5349	405,27	6		I	By Seaberg MGP Holdings	
Common	Stock		10/12/2021	(1)		S		1,382	D	\$ 67.5349	2,329,4	109		I	by Cray MGP Holdings LP	
Common	Stock										96,695			I	by IRA	
Common	Stock										63,147			I	by GST trust for LM	
Common	Stock										66,522			I	by GST trust for MH	
Common	Stock										440			D		
Common	Stock										190,86	4		I	by trust	
Common	Stock										59,188			I	Cloud Cray Family Trust	
Reminder:	Renort on a s	enarate line	for each class of	of securities	heneficially o	wned direc	tly c	or indirect	lv [
Tellinder.	report on a s	reparate fine	ioi cacii ciass v	of securities	beneficiany	wheat affect	Pe	rsons wi ntained i	no res	form are	not requ	ction of inf uired to res OMB cont	spond unle	ess	2 1474 (9-02)	
			Tab		vative Securi puts, calls, w						ly Owned					
1. Title of Derivative Conversion Date Security or Exercise (Month/Day/Year) 3A. Deemed Execution Date any		eemed tion Date, if	4. 5. Number Code (Instr. 8) Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. an (M	6. Date Exercisable and Expiration Date (Month/Day/Year) 7. A U			rrities (Instr. 5) Ben Own Foll Rep Trai			Owners Form o Derivat Securit Direct or India	Ownershi (y: (Instr. 4) (D)			

	Code	V	(A)		Date Exercisable	Expiration Date	Title	Amount or Number of Shares					
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Reporting Owners

D (O N /	Relationships						
Reporting Owner Name / Address	Director 10% Owner		Officer	Other			
Seaberg Karen 20073 266TH ROAD ATCHISON, KS 66002	X	X					

Signatures

/s/ Allison Hardy, Attorney in Fact for Karen Seaberg	10/13/2021		
**Signature of Reporting Person	Date		

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- The transaction reported on this Form 4 was effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on March 16, 2021.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.