FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)													
1. Name and Address of Reporting Person * DYKSTRA DAVID E				2. Issuer Name and Ticker or Trading Symbol MGP INGREDIENTS INC [MGPI]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner					
(Last) (First) (Middle) C/O MGP INGREDIENTS, INC., 100 COMMERCIAL STREET				3. Date of Earliest Transaction (Month/Day/Year) 02/10/2022						X Officer (give title below) Other (specify below) Vice President					
(Street) ATCHISON, KS 66002				4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City) (State) (Zip)				Table I - Non-Derivative Securities Acqui							ired, Disposed of, or Beneficially Owned				
(Instr. 3)		. Transaction Date Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Code (Instr. 8)		4. Securities Acquire (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)		ollowing	6. Ownership Form: Direct (D) or Indirect	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	V	Amour	(A) or (D)	Price				(I) (Instr. 4)	(IIIsti. 4)	
Common Stock 02		2/10/2022		A		5,561 (1)	A	\$ 0	40,241			D			
						ed, Di	sposed (of, or Ben	eficial	-	OMB cont	rol numbe	r.		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Yo	3A. Deemed Execution Da any	e.g., puts, calls, w	5. Number of Derivative Securities Acquired (A) or	ed, Di tions, 6. Da	Expiration Date An Un Sec			-	8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(f 10. Ownersh Form of Derivativ Security: Direct (E or Indirec	Ownership (Instr. 4)	
					Disposed of (D) (Instr. 3, 4, and 5)	Date		Expiration	1 Title	Amount or Number		(Instr. 4)	(S) (1) (Instr. 4		
				Code V	(A) (D)	Exer	cisable	Date	Titie	of Shares					
Repor	ting O	wners													
				Relationships											
Reporting Owner Name / Address			Director 10%	Officer		Other									

Vice President

Signatures

DYKSTRA DAVID E

C/O MGP INGREDIENTS, INC.

100 COMMERCIAL STREET ATCHISON, KS 66002

/s/ Allison M Hardy as attorney-in-fact for David Dykstra	02/14/2022		
**Signature of Reporting Person	Date		

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Restricted stock unit award which will vest on February 10, 2025

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.