FORM 4

(Print or Type Responses)

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person * Seaberg Karen					2. Issuer Name and Ticker or Trading Symbol MGP INGREDIENTS INC [MGPI]					5. Relationship of Reporting Person(s) to Issuer (Check all applicable) _X_ Director _X_ 10% Owner						
(Last) (First) (Middle) 20073 266TH ROAD			٥.	3. Date of Earliest Transaction (Month/Day/Year) 04/04/2022						Office	r (give title belo	ow)	Other (specify	below)		
				4.	4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person _ Form filed by More than One Reporting Person					
ATCHISON, KS 66002 (City) (State) (Zip)					Table I - Non-Derivative Securities Acqu											
1.Title of S (Instr. 3)	Security		2. Transactio Date (Month/Day/	Year) Exec	Deemed cution Date, if nth/Day/Year)	3. Transa Code (Instr. 8)			ties Ao	cquired (A)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)		6.	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
C	Cr. 1		02/09/202	,		Code	V	Amount	(D)	Price	172.02	0		(Instr. 4)	1 ,	
Common	1 Stock		03/08/2022	2		G	V	5,970	D	\$ 0	173,82	8		I	by trust	
Common	Stock		04/04/2022	2(1)		S		564	D	\$ 88.7199	173,26	4		I	by trust	
Common Stock 04/0		04/04/2022	2(1)		S		113	D	\$ 88.7199	62,974	974		I	by GST trust for MH		
Common Stock 04/04/20		04/04/2022	2(1)		S		2,823	D	\$ 88.7199	2,321,1	48		I	by Cray MGP Holdings LP		
Common	Stock										90,856			I	by IRA	
Common	ı Stock										62,170			I	by GST trust for LM	
Common Stock									405,27	6		I	By Seaberg MGP Holdings			
Common Stock									789			D				
Common Stock										59,188			I	Cloud Cray Family Trust		
Reminder:	Report on a s	separate line	for each class	of securities	s beneficially o	owned dire	Pe	rsons w	no res	form are	not requ	ction of int ired to res OMB con	spond unle	ess	C 1474 (9-02)	
			Tal		ivative Securi						ly Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		Execu y/Year) any	Deemed ation Date, i	y puts, calls, w 4. Transaction Code r) (Instr. 8)	5.	6. an (M	ns, conver Date Exer d Expirati fonth/Day	cisable on Dat	e 7. Ti te Amo Und Secu	Title and ount of derlying urities str. 3 and Str. 3 and Str. 3 and Str. 4 and Str. 5 Str. 3 and Str. 5 Str. 6 Str. 6 Str. 6 Str. 6 Str. 7 Str		Owners Form of Derivat Securit Direct or India	owners y: (Instr. 4 (D) rect		

	Code	V (A)		Date Exercisable	Expiration Date	Title	Amount or Number of Shares					
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Reporting Owners

D (O N (Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
Seaberg Karen 20073 266TH ROAD ATCHISON, KS 66002	X	X					

Signatures

/s/ Allison Hardy, Attorney in Fact for Karen Seaberg	04/05/2022	
**Signature of Reporting Person	Date	

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The transaction reported on this Form 4 was effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on March 4, 2022.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.