FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)														
1. Name and Address of Reporting Person * GERKE THOMAS A					2. Issuer Name and Ticker or Trading Symbol MGP INGREDIENTS INC [MGPI]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X_Director 10% Owner				
(Last) (First) (Middle) 100 COMMERCIAL ST.				3. Date of Earliest Transaction (Month/Day/Year) 07/07/2022							Office	r (give title belo	w)	Other (specify	below)	
(Street) ATCHISON, KS 66002				4. If	4. If Amendment, Date Original Filed(Month/Day/Year)							6. Individual or Joint/Group Filing(Check Applicable Line) Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City		(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficia						Beneficially	Owned					
1.Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)	Execu					4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned Following Reported Transaction(s)		Ownership Form:	Beneficial		
				(Month/Day/Year)		Coo	de	V	Amount	(A) or (D)	Price	(Instr. 3 and 4)			Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)
Commor	Stock		07/07/2022			A			192 (1)	A \$ 1	00.18	2,658			D	
	Topon on a	separate IIIe	for each class of secu Table II -	Deriv	ative Securit	ies Ac	quire	Pers con the	sons whatained in form dis	no responding this for splays a	m are currer eficiall	not requ ntly valid	ction of inf ired to res OMB conf	pond unle	ss	1474 (9-02)
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		Execution D	ate, if	, ,	5.	er ative ities	6. E	s, conver Date Exer Expirationth/Day/	cisable on Date	7. Ti Amo Undo Secu	ttle and bunt of erlying arities r. 3 and		9. Number Derivative Securities Beneficially Owned Following Reported	Owners Form o	Beneficia Ownershi y: (Instr. 4)

Reporting Owners

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
GERKE THOMAS A 100 COMMERCIAL ST. ATCHISON, KS 66002	X						

Signatures

/s/ Allison M. Hardy as attorney-in-fact for Thomas A. Gerke	07/07/2022
***Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The transaction reported on this form reflects the award of shares in lieu of cash retainer.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.