FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

OMB APPROVAL								
OMB Number:	3235-0287							
Estimated average burden								
hours per response:	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person     Mingus Lori L.S.						2. Issuer Name <b>and</b> Ticker or Trading Symbol  MGP INGREDIENTS INC [ MGPI ]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  X Director 10% Owner					
(Last)	(First)	•	iddle)	3. Date of Earliest Trans. 12/01/2022					action (Month/Day/Year)						Officer (g below)	ive title	Other (s below)		specify	
C/O MGP INGREDIENTS, INC. 100 COMMERCIAL ST.					4. If Amendment, Date of Original Filed (Month/Day/Year)									- 1	Individual or Joint/Group Filing (Check Applicable Line)     X Form filed by One Reporting Person					
(Street) ATCHISON	KS	66	5002												Form filed by More than One Reporting Person					
(City)	(State)	(Zi	p)																	
ı	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
, (			2. Transaction Date (Month/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		te,   1	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Dis Of (D) (Instr. 3, 4 and 5)			Disposed	Securities Beneficially Following R		Form:	Direct (D)	7. Nature of Indirect Beneficial Ownership		
								-	Code	v	Amount	(A) or (D)	Pric	e	Transaction (Instr. 3 ar				(Instr. 4)	
Common Stock				12/01/2022(1)					S		198	D	\$1:	24.4565 <sup>(2)</sup>	400,323			I	By Seaberg MGP Holdings	
Common Stock															14,			Ι	by GST Trust #2	
Common Stock															22	24			By husband	
Common Stock															3,9	67		D		
Common Stock															51,668			I	By trust	
Common Stock															61,067				by GST Trust	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
Derivative Conversion Date Escurity (Instr. 3) or Exercise (Month/Day/Year) if			Execution if any	ecution Date, T		l. Fransaction Code (Instr. 8)				Date Exe piration onth/Day		7. Title and Amo Securities Under Derivative Securi (Instr. 3 and 4)		lerlying urity Amount	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction( (Instr. 4)	illy I	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	V (A)		Dat Exe	e ercisabl	Expiration Date	1 1		or Number of Shares		,				

## Explanation of Responses:

- 1. The transaction reported on this Form 4 was effected pursuant to a Rule 10b5-1 trading plan adopted by Karen Seaberg on March 4, 2022, as amended June 3, 2022.
- 2. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$123.48 to \$126.53, inclusive. The reporting person undertakes to provide to MGP Ingredients, Inc., any security holder of MGP Ingredients, Inc., or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares bought at each separate price within the ranges set forth in this footnote 2.

## Remarks:

/s/ Allison Hardy, Attorney in Fact for Lori L.S. Mingus

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.