FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL								
OMB Number:	3235-0287							
Estimated average burden								
hours per response:	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

DYKSTRA DAVID E						Issuer Name and Ticker or Trading Symbol MGP INGREDIENTS INC [MGPI] Date of Earliest Transaction (Month/Day/Year)									neck	all app Direc	olicable)			Issuer Owner (specify		
(Last) (Filst) (Middle)					01/22	01/22/2019									X	below)			below)			
C/O MGP INGREDIENTS, INC.																Vice President						
100 COMMERCIAL STREET					4. If A	4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line)							
(Street)															X	Form	filed by One	e Repor	ting Pers	son		
ATCHIS	ON KS	6	6002													Form Pers	filed by Mor	e than	One Rep	orting		
(City)	(Sta	ate) (Z	ľip)																			
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																						
1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/*					//Year)	Execution Date,			3. Transaction Code (Instr. 8) 4. Securities Acquired (Disposed Of (D) (Instr. 3 and 5)						3, 4 Secu		icially d			7. Nature of Indirect Beneficial Ownership (Instr. 4)		
									Code	v	Amount		A) or D)	Price	Repor			(iiisti i	- ,	(111501. 4)		
Common	19(1)		F		4,502		D	\$67.32		21,731			D									
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																					
1. Title of Derivative Security (Instr. 3)	ive Conversion Date y or Exercise (Month/Day/Year) if any		tion Date,	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable Expiration Date (Month/Day/Year) Date Expir Exercisable Date		te ear) Expiration	7. Title and Amount of Securities Underlying Derivative Security (Insti 3 and 4) Amou or Numb of Title Share		ount			9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ow For Oir or (I)	nership rm: ect (D) Indirect (Instr.	11. Nature of Indirect Beneficial Ownership (Instr. 4)			

Explanation of Responses:

1. In connection with a restricted stock unit (RSU) vesting on the transaction date, RSUs were withheld for payment of the resulting tax liability.

Remarks:

/s/ Lori Norlen as attorney-infact for David Dykstra 01/24/2019

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

 $^{^{\}star}$ If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).